

Gigi's Cupcakes Nutritional Data

Version: 2018-05-07

RecipeName	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein	VitaminA	VitaminC	Calcium	Iron
Angel Food Cake	190	45	5g	2.5g	0g	10mg	95mg	35g	0g	31g	3g	2%	0%	0%	2%
Banana Nut Bread, 1 Loaf	1280	620	71g	7g	0g	130mg	900mg	154g	8g	93g	14g	6%	15%	4%	25%
Banana Split	570	270	31g	14g	1g	60mg	450mg	108g	1g	91g	4g	10%	2%	2%	2%
Birthday Box	230	90	10g	6g	0g	20mg	125mg	36g	0g	31g	< 1g	4%	0%	2%	2%
Birthday Surprise Cake	560	300	34g	16g	1.5g	80mg	470mg	100g	0g	87g	3g	15%	0%	2%	0%
Birthday Surprise Cake - Mini	220	90	10g	6g	0.5g	20mg	100mg	34g	0g	31g	0g	4%	0%	2%	0%
Blondie	520	210	23g	10g	1g	35mg	450mg	81g	< 1g	63g	2g	10%	0%	8%	10%
Blueberry Classic Cheesecake	800	410	46g	25g	2g	90mg	450mg	91g	2g	80g	6g	10%	4%	2%	10%
Blueberry Lemon Cake	460	160	17g	7g	1g	25mg	370mg	77g	0g	62g	1g	6%	2%	8%	6%
Boston Cream	760	280	31g	15g	1.5g	50mg	490mg	121g	0g	103g	1g	10%	0%	8%	6%
Carrot Cake	860	410	47g	17g	1.5g	90mg	400mg	109g	2g	93g	5g	50%	4%	6%	8%
Celebration Mini Box	230	80	9g	5g	0g	15mg	130mg	37g	< 1g	30g	< 1g	4%	10%	2%	4%
Chocolate Chip Cookie Dough Cupcake	780	390	45g	27g	0.5g	135mg	540mg	96g	2g	74g	6g	25%	0%	8%	15%
Chocolate Chip Cookies	40	20	2g	1.5g	0g	5mg	30mg	5g	0g	4g	0g	0%	0%	0%	2%
Chocolate Lover's Box	180	70	8g	4.5g	0g	15mg	150mg	30g	< 1g	24g	1g	4%	0%	2%	4%
Chocolate Mocha	600	420	47g	27g	1g	90mg	510mg	42g	2g	34g	7g	15%	0%	2%	40%
Chocolate Peanut Butter Cheesecake	660	360	41g	21g	1.5g	55mg	430mg	66g	2g	59g	9g	4%	0%	2%	35%
Chocolate Salted Caramel	690	230	26g	12g	1g	65mg	560mg	114g	1g	97g	4g	10%	0%	6%	15%
Chocolate Turtle Cupcake	690	250	28g	13g	1g	35mg	490mg	111g	3g	92g	3g	8%	0%	6%	10%
Chocolate-Chocolate Chip Cheesecake	590	320	36g	20g	1.5g	55mg	390mg	64g	2g	56g	7g	6%	0%	2%	35%
Classic Cheesecake	550	290	33g	17g	1.5g	65mg	370mg	56g	1g	46g	6g	6%	4%	2%	10%
Coconut Snowball	240	160	19g	9g	0g	35mg	370mg	52g	< 1g	40g	3g	4%	0%	0%	2%
Confetti Fun	270	160	18g	9g	0.5g	35mg	340mg	60g	0g	45g	3g	4%	0%	0%	0%
Double Stuff	650	240	28g	13g	1g	60mg	510mg	99g	1g	80g	4g	10%	0%	4%	15%

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Dulce de Leche	690	260	29g	17g	1g	95mg	510mg	102g	< 1g	85g	6g	15%	0%	15%	6%
Everyday Mini Box	210	80	9g	5g	0g	20mg	125mg	33g	0g	28g	< 1g	4%	0%	2%	2%
GF Lemon Daisy	480	210	23g	7g	0.5g	65mg	260mg	66g	0g	51g	4g	6%	0%	8%	4%
Gluten Free Birthday Surprise	560	240	27g	9g	1g	70mg	280mg	77g	0g	61g	3g	8%	0%	8%	4%
Gluten Free Confetti Fun	470	200	23g	8g	0g	55mg	230mg	65g	0g	49g	3g	4%	0%	6%	2%
Gluten Free Lemon Blueberry	560	230	26g	8g	0.5g	70mg	270mg	81g	0g	66g	3g	8%	0%	8%	4%
Gluten Free Midnight Magic	520	210	24g	14g	1g	80mg	410mg	78g	1g	60g	5g	15%	0%	8%	15%
Gluten Free Wedding Cake	630	240	27g	9g	1g	70mg	280mg	96g	0g	71g	3g	8%	0%	8%	2%
Gluten Free White Midnight Magic	540	220	25g	14g	0.5g	85mg	400mg	80g	< 1g	63g	4g	15%	0%	10%	10%
Italian Cream Wedding Cake	670	300	35g	23g	1g	105mg	360mg	89g	< 1g	75g	5g	15%	0%	4%	6%
Kentucky Bourbon Pie	950	480	55g	25g	1g	150mg	310mg	111g	3g	96g	7g	25%	0%	6%	15%
Key Lime Pie	490	260	30g	15g	1.5g	65mg	460mg	92g	< 1g	75g	4g	10%	4%	0%	0%
Lemon Daisy	420	170	19g	11g	0g	100mg	170mg	61g	< 1g	47g	4g	10%	2%	2%	6%
Lemon Poppy Seed Bread, 1 Loaf	1220	540	61g	36g	0g	290mg	990mg	155g	3g	90g	17g	40%	25%	25%	30%
Merry Margarita	550	170	19g	10g	1g	40mg	420mg	96g	2g	75g	2g	10%	30%	10%	8%
Midnight Magic	700	300	33g	16g	1.5g	50mg	530mg	107g	4g	87g	4g	10%	0%	6%	20%
Midnight Magic - Mini	190	80	9g	4.5g	0g	15mg	150mg	30g	< 1g	25g	1g	4%	0%	2%	6%
Miss Princess	550	280	32g	15g	1.5g	75mg	470mg	99g	0g	85g	4g	15%	2%	2%	0%
Orange Cranberry Bread, 1 Loaf	1300	520	59g	36g	0g	290mg	1040mg	182g	5g	112g	16g	40%	20%	20%	25%
Orange Dreamsicle	510	250	28g	14g	1g	60mg	440mg	98g	< 1g	80g	4g	10%	4%	0%	0%
Orange Sunrise	420	200	22g	11g	1g	50mg	400mg	88g	0g	73g	3g	6%	2%	0%	0%
Peanut Butter Cup	840	410	47g	22g	1g	75mg	510mg	96g	3g	78g	12g	15%	0%	4%	15%
Pink Lemonade	480	200	23g	12g	1g	65mg	450mg	106g	0g	91g	4g	10%	15%	2%	0%
Pretty in Pink Cheesecake	420	250	28g	15g	1g	55mg	330mg	35g	1g	27g	6g	2%	4%	2%	10%

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Scarlett's Red Velvet Cake	690	260	31g	15g	1.5g	55mg	490mg	106g	2g	88g	3g	15%	0%	8%	8%
Scarlett's Red Velvet Cake - Mini	200	80	9g	4g	0g	15mg	150mg	32g	< 1g	26g	< 1g	4%	0%	2%	2%
Snickerdoodle Cookie	45	20	2.5g	2g	0g	< 5mg	15mg	5g	0g	2g	0g	0%	0%	0%	2%
Strawberry Shortcake	580	280	32g	15g	1.5g	70mg	460mg	107g	< 1g	93g	3g	10%	2%	2%	0%
Strawberry Shortcake - Mini	310	120	14g	7g	1g	30mg	135mg	52g	< 1g	46g	< 1g	8%	25%	2%	2%
Summer Fun	600	310	35g	17g	1.5g	75mg	470mg	107g	0g	92g	3g	15%	2%	2%	0%
Super Mellow Cream Cake	730	310	34g	17g	1.5g	50mg	500mg	110g	2g	89g	3g	10%	0%	4%	10%
Tiramisu	370	120	14g	6g	0g	15mg	380mg	62g	< 1g	43g	2g	4%	0%	8%	15%
Triple Chocolate Torte	610	330	37g	12g	0g	105mg	310mg	75g	5g	57g	8g	4%	0%	2%	30%
Turtle Cheesecake	620	320	37g	18g	1.5g	55mg	360mg	67g	1g	54g	6g	4%	4%	2%	4%
Wedding Cake	640	300	34g	16g	1.5g	80mg	470mg	120g	0g	97g	3g	15%	0%	2%	0%
Wedding Cake Mini	250	90	10g	6g	0.5g	20mg	100mg	39g	0g	33g	0g	4%	0%	2%	0%
Wedding Shower Box	240	110	12g	7g	0g	15mg	70mg	35g	1g	26g	2g	2%	0%	0%	6%
White Chocolate Raspberry Frappe	350	190	22g	10g	1g	50mg	390mg	74g	< 1g	60g	4g	6%	2%	2%	0%
White Midnight Magic	710	300	34g	17g	1.5g	55mg	490mg	107g	3g	90g	4g	15%	0%	6%	15%
White Midnight Magic - Mini	200	80	9g	4.5g	0g	15mg	150mg	31g	< 1g	26g	< 1g	4%	0%	2%	4%